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Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main 1	Quorn Sausage Pasta Carrots Sweetcorn Garlic bread	Chicken in Tomato Sauce Noodles Peas Cauliflower	Meatballs Pasta Vegetable Medley Potato balls	Roast Gammon Pineapple Roast Potatoes Carrots Broccoli	Margarita Pizza Onion Rings Salad Sticks Fries
Main 2	Salmon Fishcake Carrots Sweetcorn Garlic bread	Vegan Fillets in a garlic sauce Noodles Peas Cauliflower	Battered Fish Vegetable Medley Potato balls	Cheese & Onion Pie Roast Potatoes Carrots Broccoli	Chicken Tikka Wraps Onion Rings Salad Sticks Fries
Jacket Potato	Jacket Potato with a choice of fillings Served with salad.	Jacket Potato with a choice of fillings Served with salad.	Jacket Potato with a choice of fillings Served with salad.	Jacket Potato with a choice of fillings Served with salad.	Jacket Potato with a choice of beans and cheese.
Sandwiches	Choice of Sandwiches or wraps with Homemade soup	Choice of Sandwiches or wraps with Homemade soup	Choice of Sandwiches or wraps with Homemade soup	Choice of Sandwiches or wraps with Homemade soup	
Desserts	Orange & Marmalade sponge Custard Cheese & Crackers Fresh Fruit	Cappuccino Sponge Custard Yoghurt Fresh Fruit	Rice Pudding Jam Melon Pieces Fresh Fruit	Banana Sponge Custard Jam Buns Fresh Fruit	Chocolate Orange Sponge Choc Sauce Strawberry Mousse Fresh Fruit
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