



Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main 1	Breaded fishwich fillet square with peas, spaghetti hoops & new potatoes.	Roast pork loin, Yorkshire pudding, gravy with broccoli, carrots & roast potatoes.	Beef grill with sweetcorn, cauliflower & oven diced potatoes.	Chinese chicken & rice with mixed vegetables & carrots.	Margherita pizza with salad sticks, coleslaw & fries.
Main 2	Cheese & onion pie with peas, spaghetti hoops & new potatoes.	Vegetable lasagne with broccoli, carrots & roast potatoes.	Tomato spaghetti with sweetcorn, cauliflower & oven diced potatoes.	Vegetable spring rolls & rice with mixed vegetables & carrots.	Chicken nuggets with salad sticks, coleslaw & fries.
Jacket Potato	Jacket potato with a choice of fillings and served with salad.	Jacket potato with a choice of fillings and served with salad.	Jacket potato with a choice of fillings and served with salad.	Jacket potato with a choice of fillings and served with salad.	Jacket potato with a choice of fillings and served with salad.
Sandwiches	Assorted sandwiches.	Assorted sandwiches.	Assorted sandwiches.	Assorted sandwiches.	Assorted sandwiches.
Desserts	Jamaican ginger cake. Fruit medley Yoghurts	Eton Mess cake, Strawberry yoghurt ice cream. Fresh fruit.	Toffee square. Doughnut muffins Melon slices.	Pancakes, fruit & cream. Cracker, grapes & cheese. Fresh fruit.	Chocolate cake. Biscuits Fresh fruit